

Pakistan Adventist Seminary and College

First Semester: 2017-2018

Course Outline

EDEC 30 – Human Development

Credit Hours –2

Period & Time: August 18 – December 17, 2017 T&Th 08:20-09:10/Lib-2

Instructor: Sungbae, Gee, M.A. stephenjiji@gmail.com

DESCRIPTION

EDEC-30 course is a study of **Human Development** for pre-service or beginning teachers to acquire special knowledge and resources about how human is developed in physical, intellectual, personal and social per each age period among the different stages of the life span throughout whole life from the moment of conception to the moment of death. Life is change! People change, grow and develop throughout whole life. This course provides comprehensive coverage of development from the prenatal period through late adulthood. Full descriptions of each age period draw on the up- to-date information available about physical, intellectual, social and personality development.

This class meets two times a week for 50 (fifty) minutes lecture period for two hours semester credit.

COURSE OBJECTIVES

The purpose of this course is threefold: (1) to describe and emphasize the continuity of human development throughout the life span; (2) to show how experiences at one time of life affect future development; (3) and to understand the influences of people's genes, their families, and the world they live in.

SKILLS TO BE DEVELOPED

After having taken this course, the student will be able to:

1. Define and explain the meaning of human development in the classroom when they have presentation time.
2. Explain about the history of human development on how the scholars haven studying and what kinds of theory about human development are existed.
3. List at least the four theoretical perspectives concerning human development perspective in the classroom.
4. Show and describe at least four kinds of the research method about human development in the classroom.
5. Classify the eight age periods of the life span and explain human development in physical, intellectual, social and personal each age period from the prenatal to death.

TEACHING METHODS

This course applies following teaching methods to achieve its objectives:

1. Lecture
2. Question and Answer
3. Case Studies
4. Small Group Discussion
5. KWL & Jigsaw
6. Project Development
7. Presentation
8. Power Point (If possible)

CONTENTS

I. INTRODUCTION ABOUT HUMAN DEVELOPMENT

A. Human Development: the Subject and the Text

- What Is Human Development?
- Comparison: Human and Animal

B. Human Development: the Study and Its History

- Aspects of Development
- 8 Periods of the Life Span

- Individual Differences in Development
- Influences on Development
- Critical Periods
- The History of Human Development

C. Human Development: Theoretical Perspectives

- Psychoanalytic Perspective
- Mechanistic Perspective
- Organismic Perspective
- Humanistic Perspective

D. Human Development: Research Methods

- Non experimental Method
- Experimental Method
- Methods of Data Collection

II. CONCEPTIONS THROUGH BIRTH

A. Fertilization

- Union of an ovum and a sperm cell
- Duplication of the Zygote

B. Heredity and Environment

- The Hereditary Endowment
- Mechanisms of Heredity
- Patterns of Genetic Transmission
- Genetic and Chromosomal Abnormalities
- The Influence of Heredity and Environment

C. Prenatal Development

- Stage of Prenatal Development
- The Prenatal Environment

D. Birth

- Stage of Childbirth
- Methods of Childbirth

III. INFANCY AND TODDLERHOOD

A. Physical Development in Infancy and Toddlerhood

- The Neonate
- Is the Baby Healthy?
- The Developing Baby

B. Intellectual Development in Infancy and Toddlerhood

- How Infants Learn
- Studying Intellectual Development
- Development of Language
- Development of Competence

C. Personality and Social Development in Infancy and Toddlerhood

- Early Personality Development
- Emotions: The Foundation of Personality
- Differences in Personality Development
- The Family and Personality
- Development of Sociability
- Development of Self-control and Self-regulation

IV. EARLY CHILDHOOD (3 TO 6 YEARS)

A. Physical Development

- Physical Growth and Change
- Health
- Motor Skills
- Sleep: Patterns and Problems

B. Intellectual Development

- Aspects of Intellectual Development
- The Widening Environment

C. Personality and Social development

- Personality in Early Childhood: Theoretical Views
- Aspects and Issues of Personality Development

V. MIDDLE CHILDHOOD (6 TO 12 YEARS)

A. Physical Development

- Growth and Fitness
- Motor Development
- Health

B. Intellectual Development

- Aspects of Intellectual Development
- Children in School

C. Personality and Social Development

- The Self-concept
- Aspects of Personality Development
- Emotional Disturbances
- Stress and Resilience

VI. ADOLESCENCE (12 TO 20 YEARS)**A. Physical Development**

- Maturation: Pubescence to Puberty
- Health Concerns

B. Intellectual Development

- Aspects of Intellectual Development
- High School
- Developing a Career

C. Personality and Social Development

- Understanding Personality
- Aspects of personality Development
- Some Problems of Adolescence
- Personality of Strengths of Adolescents

VII. YOUNG ADULTHOOD (20 TO 40 YEARS)**A. Physical Development**

- Sensory and Psychomotor Functioning
- Health

B. Intellectual Development

- Aspects of Intellectual Development
- The College Experience
- Developing a Career

C. Personality and Social Development

- Personality Development: Two Models
- Intimate Relationship and Personal Lifestyles

VIII. MIDDLE ADULTHOOD (40 TO 65 YEARS)

A. Physical Development

- Physical Changes
- Health

B. Intellectual Development

- Aspects of Intellectual Development
- Work

C. Personality and Social Development

- Normative-Crisis Theory and Research
- Personal Relationships and Timing of Events

IX. LATE ADULTHOOD (65 YEARS AND OVER)

A. Physical Development

- Longevity and the Aging Process
- Physical Changes
- Health

B. Intellectual Development

- Aspects of Intellectual Development
- Work and Retirement

C. Personality and Social Development

- Theory and Research on Personality Development
- Aging
- Personal Relationships

X. THE END OF LIFE: DEATH AND BEREAVEMENT

A. Three Aspects of Death

- Biological Death
- Social Death
- Psychological Death

B. Facing Death

- Attitude toward Death and Dying across the Life Span
- Confronting One's Own Death
- Bereavement, Mourning, and Grief
- Helping People Deal with Dying and Bereavement

C. Controversial Issues of Death and Dying

- Euthanasia and the Right to Die
- Suicide

D. Finding a Purpose in Life and Death

- The meaning of Death
- Reviewing a Life

REQUIREMENTS

For all students:

1. Interacting with the lecturers (32 hours). The students are required to interact with the lecturers, project, and presentation.
2. A book review on Human Development. The students are required to read books related on Human Development (200 pages/50 hours)
3. A Project on Human Development for particular stage among the eight age period from prenatal to the death. (10-12pages/20 hours)
4. Examinations will be given for MID and FINAL on the basis of lectures and class discussions (2 hours each exam).
5. Quiz will be given to all the class participants once a week or every couple week on the basis of lectures were taken.
6. The students are required to have presentation time (15 minutes) about his/her project at the end of semester (First week, May).

EVALUATION

1.	Mid-semester Exam	20 points
2.	Semester Final Exam	20 points
3.	Quiz	20 points
4.	Book Review	10 points
5.	Project	10 points
6.	Presentation	10 points
7.	Attendance	10 points

Total Points 100 %

8. Grading Scales:

A	95-100%
A-	90-94%
B+	85-89%
B	80-84%
B-	75-79%
C+	70-74%
C	65-69%
C-	60-64%
D+	55-59%
D	50-54%
D-	45-49%
F	00-44%

COMPLETE SCHEDULE

MWF: 08:20-09:10 AM

Classroom: Lib-2

Date	Class Lecture	Activity	Assignment
Jan 18()	1. Introduction: Getting acquainted with the all class student. 2. Introduction about the course & syllabus. 3. Introduction about the grading system		
22(T)	I: INTRODUCTION ABOUT HUMAN DEVELOPMENT		
25(Th)	A. Human Development: the Subject and the Text		
30(T)	B. Human Development: the Study and Its History	Discussion	
Feb 01(Th)	C. Human Development: Theoretical Perspectives		
06(T)	D. Human Development: Research Methods		
08(Th)	II: BEGINNINGS	Grouping	
13(T)	A. Conception through Birth	Presentation1	
15(Th)	B. Physical Development in Infancy and Toddlerhood	Presentation2	
20(T)	C. Intellectual Development in Infancy and Toddlerhood	Presentation3	
22(Th)	D. Personality and Social Development in Infancy and Toddler hood	Presentation4	

27(T)	III. EARLY CHILDHOOD (3 TO 6 YEARS)		Reading 1
Mar 01(Th)	A. Physical Development	Quiz 1	
06(T)	B. Intellectual Development		
08(Th)	C. Personality and Social development	Q &A	
13(T)	IV: MIDDLE CHILDHOOD (6 TO 12 YEARS)		
15(Th)	A. Physical Development	Presentation5	
20(T)	B. Intellectual Development		
22(Th)	C. Personality and Social development		
27(T)	V: ADOLESCENCE (12 TO 20 YEARS)	Q &A	Reading 2
29(Th)	A. Physical Development	Quiz 2	
Apr 03(T)	B. Intellectual Development		
05(Th)	C. Personality and Social development		Report 1
10(T)	Mid-Semester Exam		
12(Th)	VI: YOUNG ADULthood (20 TO 40 YEARS)		
17(T)	A. Physical Development	Presentation6	
19(Th)	B. Intellectual Development		
24(T)	C. Personality and Social development	Presentation7	
26(Th)	VII: MIDDLE ADULthood (40 TO 65 YEARS)		Reading 3
May 01(T)	A. Physical Development	Presentation8	
03(Th)	B. Intellectual Development		
08(T)	C. Personality and Social development	Quiz 3	
10(Th)	VIII: LATE ADULthood (65 YEARS AND OVER)		
15(T)	A. Physical Development	Presentation9	
17(Th)	B. Intellectual Development		
22(T)	C. Personality and Social development		
24(Th)	IX: THE END OF LIFE: DEATH & BEREAVEMENT	Q &A	
29(T)	A. Three Aspects of Death & Facing Death		Report 2
31(Th)	B. Controversial Issues of Death and Dying		
June 05(T)	C. Finding a Purpose in Life and Death		
07(Th)	Semester Final Exam		
12(T)			
14(Th)			
	Due date for all assignments: Book Review & Project		

Congratulation	You have finished the requirements for this class. A final grade will be issued to you by 20 June 2007.
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* This schedule might be changed due to special situation.

REFERENCES

1. Papalia, Diane E. Sally Wendkos Olds, and Ruth Duskin Feldman. *Human Development: International*. New York: York Graphic Service, 1989.
2. Kaluger, George and Meriem Fair Kaluger, Litt. M. *Human Development: The Span of Life*. 3rd Ed. Columbus: Merrill Publishing Company, 1986.
3. Craig, Grace J. *Human Development*. 6th ed. New Jersey: Prentice Hall, 1992.
4. Rice, F. Philip. *Human Development: A life-Span Approach*. 2nd ed. New Jersey: Prentice Hall, 1992.